Types of Inclement Weather

Throughout the year, people across the country face stress due to circumstances caused by inclement weather. The peak or changing of seasons can cause hazardous weather conditions for individuals and families. Learn what you can do to stay safe during such incidents, and take the 3 steps below to get prepared.

9	Hurricane	Gather emergency supplies and listen to instructions from government officials. If advised to evacuate, do so immediately.
Ç	Severe Thunderstorm	Stay inside, away from windows and glass doors. Listen to a battery-powered radio for updates.
*	Tornado	Seek shelter immediately on the lowest floor, in a small interior room, away from windows and doors.
***	Winter Storm	Stay indoors and dress warmly. Wear layered clothing and watch for signs of hypothermia and frostbite.
≋	Flash Flood	Never walk or drive through flooded waters. Just one foot of rushing water can carry away most vehicles and just six inches of moving water can sweep someone off their feet.
感	Earthquake	If you feel the ground shaking, immediately drop down low, cover your head, and hold on until the shaking stops.
	Extreme Cold	Limit outdoor time as much as possible and keep pets indoors. Dress in warm layered clothing and cover your mouth to protect your lungs.
	Wildfire	Clear combustible vegetation and materials from your yard. Place any flammable lawn furniture in storage when not in use. Listen to local emergency alerts and prepare to evacuate as fire moves closer.
	Extreme Heat	Stay hydrated by drinking plenty of fluids. Wear light colored, loose-fitted clothing. Avoid strenuous activity during the hottest part of the day. Watch out for signs of heat exhaustion.

3 Steps to Get Prepared

1.

Complete a Family Emergency Plan

2. **1**

Buy or Build a Disaster Kit 3.

Stay Informed and Connected

Please visit **www.focus-usa.org/prepare** to learn more about these steps, including ways to acquire an emergency kit.





FOCUS HUMANITARIAN ASSISTANCE

Committed to saving lives and reducing human suffering



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FOCUS In Action



Staff from the Department of Emergency Management in Tajikistan conducted a large-scale disaster exercise simulating emergency response in the event of a massive influx of refugees. This exercise tested response capabilities and coordination, and built capacity among the agencies for future response.

- Tajikistan, April 2018

FOCUS In Action

FOCUS held sessions with around 200 households living in the Shimshal Valley on the risks posed by the Khurdopin glacier due to its anticipated melting and movement. Villagers were trained in emergency response techniques, basic first aid, early evacuation, and crisis communications.

- Pakistan, January 2018





FOCUS, in partnership with the PATRIP Foundation, rebuilt a school in the isolated village of Shughnan, in Afghanistan. This high school for girls will accommodate 520 female students from nearby villages, who previously could only attend class in a tent on the boys school compound. The new girls school has been constructed to seismic resistant standards.

- Afghanistan, November 2017

Hurricanes Harvey and Irma impacted our Jamat in the Southwestern, Florida and Southeastern regions. FOCUS-trained volunteers in these regions established emergency operations centers to coordinate response during and after the hurricanes. Additionally, volunteers in the Central and Midwestern region (shown) established remote emergency operations centers in which they made and received thousands of phone calls from Jamat impacted by the storms.

-USA, August/September 2017



Your Donation at Work

Donation	Impact (In South and Central Asia)
\$50	Blankets for one family*
\$120	One month supply for food for one family*
\$200	A temporary emergency shelter (tent) for one family*
\$500	Village Disaster Management Plan Development (includes hazard identification, evacuation procedures and identifications of safe havens)
\$1,500	Comprehensive Community Emergency Response Team training for 30 volunteers to increase response capacity
\$2,500	Advanced avalanche emergency response and communications equipment for one trained team to facilitate search and rescue operations

Ways to Make an Impact!



Become a FOCUSSTAR

Sign up and make monthly, quarterly, or annual gifts through Electronic Fund Transfers.



Make a One-time Donation

Easy and convenient way to give through check or money order.



Employee Matching Gift

Working professionals can maximize their contributions through employee giving programs.

* one family consists of seven people

REMEMBER, your gift may be tax deductible to the fullest extent provided by law.